

My Tree and Me

Things to Do Together

We are exploring our favourite trees! Here are some activities you and your child can do together:

- Find a special tree near your home to “adopt.” Visit the tree whenever you can and observe how it changes. Take pictures if possible.
- Take care of the trees along your street. Dry spells during the summer are very stressful for trees. You can help them by giving them a good watering once a week during times of little or no rainfall.
- Go camping in a park, your backyard, or your own living room. To “camp” in your living room, you won’t need any special equipment. Keep the lights out, sing songs, and tell stories. Your child might like to sleep in a sleeping bag or nest of blankets on the floor, or in a tent made of blankets draped over a chair.
- Have a summer picnic under a tree.
- Enjoy outdoor summer activities, such as biking, hiking, and swimming.
- Stay up late, watching fireflies and looking for shooting stars.

→ **Family, Friends, and Forests:** Find out the nearest provincial, territorial or national park and go visit.



Visit a local park or nature center. Ask children how people can care for the trees and other living things in this special place you are visiting.

Help build your child’s vocabulary by using some of these new words in your conversations:

We are reading the following books. Check them out from your library, and invite your child to share them with you.

