## **Lowering Our Carbon Footprint**

Actions to reduce our collective carbon footprint can take place at the individual and collective levels. While some actions can take place at the individual level, others are only possible with support at the community or systemic levels. Read through the sample actions below and identify the different levels at which that action can happen. You can also add more actions to the list.

Action	Individual	Community/ Neighbourhood/ City	Country
Example: Reducing meat consumption	1		
Example: Walking, biking, or taking public transportation more often	1	$\checkmark$	
Example: Utilising energy sources that have a lower carbon footprint		$\checkmark$	✓
Replacing plastic with paper products			
Buying paper products from sustainably managed sources			
Planting suitable trees			
Switching to an electric vehicle			
Doing shorter trips or fewer long-distance trips			
Reducing energy consumption			
Buying locally sourced and seasonal foods			
Reducing food waste			
Buying second-hand products			

## SUSTAINABILITY MANAGERS

ensure that an organisation, school, or company upholds environmental standards and minimises environmental harm. For example, they might help an organisation switch to using certified paper products that come from sustainably managed forests.

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